



Abstract guidelines:

The abstract should be no longer than 350 words. Please structure the abstract in the format: Background/Introduction, Methods/Developments, Results/Outcomes, Conclusion/Implications for practice. Please see attached some information which may help guide you write your abstract.

To submit your abstract please go to google forms link The closing date for entries is Sunday 15th September 2019. Winners will be notified by Friday 11th October, which gives time to prepare a poster or oral presentation. If you would not like to be considered for an oral presentation, please indicate this on the submission form.

Conditions of submission:

1. Abstracts submitted after the deadline of 15th September will not be eligible for either of the prizes.
2. Those opting out of an oral presentation will not be eligible for either of the prizes.

Abstract scoring system (marks out of 3 for each)

- 1- Current / relevant and adds to the body of paediatric respiratory/allergy nursing knowledge, originality, creativity, role of nurse/s in advanced/ specialist practice demonstrated.
- 2- Able to communicate and enable the reader to understand the aims and objectives
- 3- Able to detail relevant and appropriate method / service process, meeting a need, putting the patient first
- 4- Well-presented and easy to follow – no jargon, reduce marks if jargon or abbreviations used
- 5- Able to summarise findings – and suggest future implications for respiratory/allergy nursing practice

Title (be clear and concise)

Author/s (the main author or author who is presenting should be first and subsequent authors thereafter. Please don't forget anyone who contributed to your work)

Affiliations (list where you work)

Introduction/Background

This will give your audience an overview of why you carried out this piece of work. It may include a background to why this was needed in your service and briefly what is currently known.

Methods/Developments

This is where you tell us how you undertook your project. Who you included in your work and how you gathered data. You might want to include:

- Our service was audited against the NICE guidelines for...
- We surveyed x families to find out their experience of ... by asking them to complete an online survey
- We carried out x PDSA cycles to try and improve....
- We held a focus group and included x young people
- We reviewed the data from a local database...
- We used a validated QOL questionnaire to explore young people's experiences of ...
- The data was analysed by using statistical package



Results/Outcomes

This is the big reveal! You get to show us your most important findings. This section can be brief as you will expand and add graphics in the final poster. Make sure you include the headlines and the most significant findings. You may like to include:

- X families attended this new service over a period of x months
- Changing the way we ran clinics we reduced our waiting time in clinic by xx minutes and increased our patient experience score by x%
- X people completed the online survey
- The QOL score increased from x to y, z months after the intervention

Conclusion/Implications for practice

This is where you really get to shine. Explain what your results mean, how have they impacted on your service and on the children and families. If the results didn't show what you expected, explain this and describe what you have learnt from your results. Then tell us what you are going to do with this new information, what changes will you make to your service and how might this impact on other services and children's care nationally.

Some tips to get you started and keep you going...

- Ask other people if they have ideas of improvements which could be made in the service, such as patients and colleagues.
- Let people know you are undertaking a project. People will be interested and by talking about your ideas you can spark enthusiasm. This really helps when you get stuck, someone may come up with a bright idea that helps you get going again. You will also be a fantastic role model and there is nothing like a healthy bit of professional competition to get others involved and doing their own projects!
- There are many tools available which are widely available and free for small projects – survey monkey is great for gathering data. Most hospitals will have a quality improvement team, get in touch and see if they can provide you with any resources to help, such as online survey tools.
- If you are affiliated to a university, many of these will have access to resources such as more sophisticated online surveys. If you have a uni account you should be able to access these.
- When you have all your data discuss it with your colleagues. Sometimes other people see things or make sense of data in a way we don't. This might help with analysis and for you to see your findings from a different perspective.
- When you have written up your abstract, share it with your colleagues again. If they make changes, comments or suggestions, don't take it personally! These will help to refine the abstract and can help to edit and keep the word count down!
- When you are happy, submit your abstract!

https://docs.google.com/forms/d/e/1FAIpQLSdrPRzFd1CUfQUxHnKAvytqtnA0-A6xKeh53Ys4ZBqiPv2NTQ/viewform?usp=sf_link