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| **Self-Assessment Tool - Asthma in children** | | | | | | |
|  | I feel confident about this | I feel quite confident about this | I need to learn more about this | I need to learn a lot more about this | This is not relevant to my practice | Comments/ notes |
| **Asthma** |  |  |  |  |  |  |
| Prevalence and aetiology |  |  |  |  |  |  |
| Pathophysiology |  |  |  |  |  |  |
| **Asthma Diagnosis** |  |  |  |  |  |  |
| History taking |  |  |  |  |  |  |
| Examination |  |  |  |  |  |  |
| Investigations |  |  |  |  |  |  |
| Differential diagnosis |  |  |  |  |  |  |
| Investigations for differential diagnosis |  |  |  |  |  |  |
| When to refer |  |  |  |  |  |  |
| **Asthma Control** |  |  |  |  |  |  |
| What is asthma control/poor control |  |  |  |  |  |  |
| How to assess control |  |  |  |  |  |  |
| Factors associated with poor asthma control |  |  |  |  |  |  |
| Assessing and managing inhaler technique |  |  |  |  |  |  |
| Assessing and managing adherence |  |  |  |  |  |  |
| Assessing and managing triggers |  |  |  |  |  |  |

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| **Supported Self-Management** |  |  |  |  |  |  |
| Supporting self-management personalised to the child |  |  |  |  |  |  |
| Developing Personalised Asthma Action Plans with the child and family |  |  |  |  |  |  |
| Access to medicines, inhalers, spacers and PAAP at home, school and other relevant settings |  |  |  |  |  |  |
| **Inhaler devices, spacers and medication** |  |  |  |  |  |  |
| Age appropriateness for various devices |  |  |  |  |  |  |
| Patient choice and preference for inhaler devices and spacer |  |  |  |  |  |  |
| Correct technique with inhalers and spacers |  |  |  |  |  |  |
| Care of inhalers and spacers |  |  |  |  |  |  |
| Discussing range of medication |  |  |  |  |  |  |
| Dosing regimens and tailoring options |  |  |  |  |  |  |
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| **Acute asthma** |  |  |  |  |  |  |
| Assessing asthma attacks to accurately determine severity |  |  |  |  |  |  |
| Managing asthma attacks correctly dependent on level of severity |  |  |  |  |  |  |
| Safe discharge, home care and follow up advice |  |  |  |  |  |  |
| **Smoking and support** |  |  |  |  |  |  |
| Prevalence, aetiology, and pathophysiology of smoking and exposure to second hand smoke |  |  |  |  |  |  |
| Smoking cessation |  |  |  |  |  |  |
| Interventions and support |  |  |  |  |  |  |
| Implications for management |  |  |  |  |  |  |
| **Allergy** |  |  |  |  |  |  |
| Allergy and it’s prevalence as an asthma co-morbidity |  |  |  |  |  |  |
| Impact of allergy on asthma |  |  |  |  |  |  |
| Adrenaline AI’s and self-management plans |  |  |  |  |  |  |
| Nasal symptoms and management |  |  |  |  |  |  |
| Role of Skin prick testing |  |  |  |  |  |  |

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| **Difficult/severe asthma** |  |  |  |  |  |  |
| Understanding different terms – difficult asthma, severe asthma, problematic severe asthma |  |  |  |  |  |  |
| Recognising difficult/severe asthma |  |  |  |  |  |  |
| When to refer |  |  |  |  |  |  |
| What can a difficult/severe asthma service offer |  |  |  |  |  |  |
| Assessing difficult asthma |  |  |  |  |  |  |
| Managing difficult asthma |  |  |  |  |  |  |
| Biological therapies |  |  |  |  |  |  |
| Other strategies – adherence monitoring, psychological therapies |  |  |  |  |  |  |
| **Other** |  |  |  |  |  |  |
| School visit, home visit, allergy, physiotherapy, ENT combined clinic, Immunology, Social care, psychology other |  |  |  |  |  |  |
| Asthma and exercise |  |  |  |  |  |  |
| Transition programme |  |  |  |  |  |  |
| **Guidelines** |  |  |  |  |  |  |
| BTS/SIGN Vs NICE Vs Local |  |  |  |  |  |  |

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| **Patient review** |  |  |  |  |  |  |
| Clinic/practice |  |  |  |  |  |  |
| Ward |  |  |  |  |  |  |
| School |  |  |  |  |  |  |
| Home visit |  |  |  |  |  |  |